

## Raleigh, NC Timeline

**DATE: January 23-25,2026**

### **ClassVenue:**

Cary Ballet Conservatory  
920 High House Rd.  
Cary, NC. 27513

### **Performance Venue:**

Martin Marietta Center for the Performing Arts  
A.J. Fletcher Opera Theater  
2 E South St.  
Raleigh, NC 27601

TIME	Friday, January 23, 2026	LOCATION
10:45am	Check in Primary	Cary Ballet
11:30-1pm	<b><u>Primary Technique Evaluation Class</u></b>	Cary Ballet
1-1:30pm	<b><u>Lunch</u></b>	Cary Ballet
12:40pm	Check in Junior Group One	Cary Ballet
1:30-3pm	<b><u>Junior Group One Technique Evaluation Class</u></b>	Cary Ballet
2:30pm	Check in Junior Group Two	Cary Ballet
3:15-4:45pm	<b><u>Junior Group Two Technique Evaluation Class</u></b>	Cary Ballet
4:45-5:15pm	DINNER	Cary Ballet
4:30pm	Check in Senior Group One	Cary Ballet
5:15-7pm	<b><u>Senior Group One Technique Evaluation Class</u></b>	Cary Ballet
6:45pm	Check in Senior Group Two	Cary Ballet
7:15pm-9pm	<b><u>Senior Group Two Technique Evaluation Class</u></b>	Cary Ballet



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TIME	Saturday, January 24, 2026	LOCATION
9am	Doors Open To Public	MMCPA
9:30am	Open Stage Primary Classical (20mins)	MMCPA
9:50-11am	<b><u>Primary Classical Division Competition</u></b>	MMCPA
11am	Open Stage Junior Group One Contemporary (15mins)	MMCPA
11:15-12:15pm	<b><u>Junior Group One Contemporary Division Competition</u></b>	MMCPA
12:15-12:45pm	LUNCH	MMCPA
12:45pm	Open Stage Junior Group Two Contemporary (15mins)	MMCPA
1-2:15pm	<b><u>Junior Group Two Contemporary Division Competition</u></b>	MMCPA
2:15pm	Open Stage Senior Group One Classical (20mins)	MMCPA
2:35-5pm	<b><u>Senior Group One Classical Division Competition</u></b>	MMCPA
5pm	Open Stage Senior Group Two Classical (20mins)	MMCPA
5:20-7:30pm	<b><u>Senior Group Two Classical Division Competition</u></b>	MMCPA
7:30-8pm	Dinner	MMCPA
8pm	Open Stage Pas De Deux/ Duet/ Trio (15 mins)	MMCPA
8:15-8:45pm	<b><u>Pas De Deux/ Duet/ Trio Competition</u></b>	MMCPA

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TIME	Sunday, January 25, 2026	LOCATION
8:15am	Doors open to public	MMCPA
8:30am	Open Stage Primary Contemporary (15mins)	MMCPA
8:45-9:30am	<b><u>Primary Contemporary Division Competition</u></b>	MMCPA
9:30am	Open Stage Junior Group One Classical (20mins)	MMCPA
9:50-11:15am	<b><u>Junior Group One Classical Division Competition</u></b>	MMCPA
11:15am	Open Stage Junior Group Two Classical (20mins)	MMCPA
11:35-1:15pm	<b><u>Junior Group Two Classical Division Competition</u></b>	MMCPA
1:15-1:45	Lunch	
1:45pm	Open Stage Senior Group One Contemporary (15mins)	MMCPA
2:00-3:45pm	<b><u>Senior Group One Contemporary Division Competition</u></b>	MMCPA
3:45pm	Open Stage Senior Group Two Contemporary (15mins)	MMCPA
4-6pm	<b><u>Senior Group Two Contemporary Division Competition</u></b>	MMCPA
6pm	Open Stage Large Group Ensemble (15mins)	MMCPA
6:15-6:35pm	<b><u>Large Group Ensemble Division Competition</u></b>	MMCPA
6:35-7:30	DINNER	MMCPA
7:30-8pm	<b>Panel Discussion Forum</b>	MMCPA
8-9pm	<b>Awards</b>	MMCPA

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### **Igor Antonov**

**Richmond Ballet; Company Rehearsal Director**

Igor Antonov was born in Zaporizhzhia, Ukraine. Upon graduation from the Kiev Choreographic Institute, he joined the Donetsk Ballet (Ukraine) as a soloist. In 1990, he was invited to join Richmond Ballet, where for five seasons he danced leading roles in works by George Balanchine, John Butler, Antony Tudor, William Soleau, Malcolm Burn, and Stoner Winslett. During that time, he was also a medalist and best couple award winner at the International Ballet Competition in Jackson, Mississippi. For the next several years, he danced with Deutsche Oper am Rhein in Dusseldorf, Germany, and made guest appearances with major ballet companies in Berlin, Madrid, and Nice. Returning to Richmond Ballet in 2003 for the remainder of his professional career, he also began conducting rehearsals and teaching at the School of Richmond Ballet. When Mr. Antonov retired from the stage, he accepted the leadership role for Richmond Ballet's second company, Richmond Ballet II, and

served the Ballet as an Artistic Associate and Studio Company Director. In 2024 he started in a new role as Rehearsal Director for the professional company.



### **Carlos Molina**

**Colorado Ballet; Director of Male Ballet Training**

Carlos Molina was born in Cali, Colombia. He started his studies at the age of 10 at the Instituto Colombiano de Ballet Clasico "Incolballet" in Cali, where he obtained his Certificate as a Professional Dancer after 8 years of training. He also trained at the Houston Ballet Academy in Texas for one year. In 1992, Carlos joined The Ballet de Cali Company in Cali-Colombia, where he danced as part of the Corp de Ballet. In 1994, he joined the Hartford Ballet in CT USA as a Principal Dancer and danced with the company for 4 years. Carlos is the Winner of the first Igor Youskevitch Award given at the New York International Ballet

Competition in 1996. During the 1997-1998 season, while still with the Hartford Ballet, Carlos also danced with American Ballet Theatre in NY. In 1998, he joined American Ballet Theatre full time where he was promoted to soloist in 2001. In ABT performed numerous soloist and principal roles.

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In 2004, Carlos joined the Boston Ballet as a principal dancer where he danced for 6 years. After that Mr. Molina danced as freelance principal dancer for many years. Along his long career Carlos has danced with many companies and in several events around the World. He has been recognized by many choreographers and directors as an incredible partner and artist. His wide and mixed repertoire as a principal dancer includes ballets such as: Giselle, Swan Lake, La Sylphide, Sleeping Beauty, Coppelia, Eugene Onegin, Taming of the Shrew, Romeo and Juliet, Fire Bird, Cinderella, The Nutcracker, Raymonda, Don Quixote, An Afternoon of a Faun, Spectre de la Rose, Les Sylphides, Le Beches, Etudes, The Dream, Variations for Four, Three Virgens and a Devil, Billy the Kid, Pillar of Fire, Offenbach in the Under World, Leaves are Fading, A Midsummer Night's Dream, Apollo, Western Symphony, Serenade, Who Cares?, Raymonda, The Four Temperaments, Ballet Imperial, Symphony in C, Divertimento # 15, La Valse, Jewels, Theme and Variations, Polyphonia, Sin and Tonic, Bruch Violin Concerto # 1, Belling The Slayer, Paramour, Ancient Airs, Weren't We Fools, Petit Mort, Six Dances, Sarabanda, Diversion of Angels, Without Words, Black Tuesday, In the Middle Some What Elevated, In the Upper Room, Brahms Haydn Variations, Diana and Acteon Pas de Deux, Flames of Paris, Don Quixote Pas De Deux, Pas D'esclave Pas de Deux, including his own Spartacus, Jeu D'Amour, Carmen...as well as many other works from fantastic and well known Choreographers such as: John Cranko, McMillan, Petipa, George Balanchine, Fokine, Nijinsky, Bronislava Nijinska, Anton Dolin, Antony Tudor, Harold lander, Agnes De Mille, Ashton, Kirk Peterson, Ben Stevenson, John Neumeier, Maina Gielgud, Kevin McKenzie, Bournonville, Mikko Nissinen, Jiri Kylian; Lar Lubovitch, William Forsythe; Nacho Duato; Martha Graham; Paul Taylor; Twayla Tharp; Choo San Goh, Jean Grand Maitre, Graham Lustig, Jorma Elo, Christian Holder, Christopher Wheeldon among others. Carlos is a Certified Ballet Teacher by The American Ballet Theatre's National Training Curriculum since 2008-2009. In addition Mr. Molina is a Licensed Massage Therapist and Body Worker. Has done studies in CranioSacral Therapy with The Upledger Institute, Reflexology, Arvigo Mayan Abdominal Massage, Visceral Manipulation with The Barral Institute, Active Isolated Stretching and Strengthening (AIS) with Mr. Aaron Mattes, Cross Core Training, Floor Barre Certified, PBT Progressive Ballet Technique and is also a Certified Gyrotonic Instructor. Carlos is the Co-Founder and Artistic Director of "INTEGRARTE" Dance Art Movement Center, first stablished in Boston-USA and now relocated in Spartanburg SC For many years Carlos has been teaching and coaching young students, pre-professionals and professional dancers as well as adults. He has taught for Institutions like the Boston Ballet, American Ballet Theatre as well as guest teacher and coach for many other institutions. He is married to former Boston Ballet's principal dancer Erica Cornejo.

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Photo By Heather Thorne

**Claudia Monja**  
**Nashville Ballet Representative**

Claudia Monja was born in Havana, Cuba. At age three, she began practicing rhythmic gymnastics, continuing until she began her ballet studies at age nine. After studying at the Elemental Ballet School and the Cuban National Ballet School, she began her professional career with the Cuban National Ballet. Shortly after, she joined the Ballet de Camagüey, where she performed as a soloist for six years. In 2012, she became a Principal Dancer with Joburg Ballet in South Africa, where she performed works like *Giselle*, *Don Quixote*, *The Nutcracker*, *La Traviata*, *Spring Waters*, *Flames of Paris*, and *Gamzatti*. She has worked with choreographers such as Redha Benteifour and Corey Baker and has danced in tours to Italy, Ecuador, Colombia, and China, experiences she credits to her growth as an artist. Monja is passionate about empowering youth and exposing them to the beauty of ballet. In addition to dancing on stage, she has worked as a ballet instructor, composed her own productions, and both prepared and judged students in competitive competitions.



**Lisa Slagle**  
**American Ballet Theatre Representative**

Lisa Slagle began her professional dancing career at the age of 11 when she appeared as a solo dancer in the Elvis Presley movie, *Clambake*. Upon graduating high school she was offered a position with the Joffrey Ballet in New York, where she stayed until 1979. She performed leading roles in ballets by choreographers Agnes de Mille, Gerald Arpino, Frederick Ashton, August Bournonville and Twyla Tharp. In the 1980's she performed as a Soloist with the Ballet du Grande Theatre

de Geneve in Switzerland, and as a Principal Dancer with Tulsa Ballet Theatre. Upon her retirement, she became the founding director of the Ballet Academy of Texas, located in the Dallas suburb of Coppell. The school has since received "Outstanding School" awards from the Youth America Grand Prix organization in the Southwest regional



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trials for 6 out of 12 years, as well as the “Outstanding Teacher” award for Slagle the past four years. She is also the founding director of the pre-professional company, Ballet Ensemble of Texas, which was an Honor Company with the Regional Dance of America organization for 13 years.

Slagle is on the Advisory Board for American Ballet Theatre’s National Training Curriculum and has been a master teacher since 2007 for ABT’s various Summer Intensive workshops, teaching ballet, pointe, variations, and character. Her school will be hosting American Ballet Theatre’s Young Dancer Workshop for the third time in the summer of 2020, with Slagle as the Artistic Coordinator. She has staged her choreography for such noted national schools as the Orlando Ballet School, Washington School of Ballet, Oklahoma City Ballet, and the Interlochen School of the Arts in Michigan. Most recently she has had the pleasure of being the Adjudicator for Regional Dance of America Festivals in the Northeast region (2018) and in the Mid-States region (2020).